



One Step To Freedom

is a Biblically-based addiction-recovery program, designed to assist those on probation who have been found guilty of a drug or alcohol-related offense, as well as anyone struggling with addictive behaviors who may not have yet reached a 'crisis point' – but recognize the destructive nature of their choices, and the bondage those choices are leading them into.

We believe that ~

“All Scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, and for instruction in righteousness,”

2 Timothy 3:16

~ Therefore, the purpose of the lessons in One Step To Freedom is to do more than just merely free a person from their dependency on drugs, alcohol or other addictive behaviors. It is the mission of One Step to communicate God's love and transforming power to save and restore, realizing the dramatic, even miraculous change,

a relationship with Jesus Christ can bring about in people's lives, to set them free from whatever has taken them captive.

Everybody worships someone or something.

The governing principle of a person's life is their god. Self, drugs, alcohol, sex, money, and pleasure can all become that ruling desire, and thus, become their idol. It's a popular view that chemical abusers are victims of a disease or an addiction. However, this view of chemical abuse claims the abuser is not responsible for their actions. Instead, the blame is placed on the "addiction" or the "disease."

Yet the Bible calls it sin. (1 Corinthians 6:9-10)

At some point, an individual made a conscious "choice" to drink alcohol or use drugs.

It is therefore, not a disease, but rather, a **choice**.

A disease is something you didn't choose, it just happened. Taking drugs or alcohol didn't just happen; the person chose to use them.

Afterwards, this person began to follow a regular ritual (or pattern) of this choice in their daily lives and now the drugs or alcohol have

become that person's idol – the ultimate priority.

The abuser must realize that he or she is an idolater, worshipping and serving their desires, rather than the One and only true living God.



“An idol is anything that is given ultimate priority in a person's life, other than the God of the Bible.”

Jesus said,

“Whoever commits sin is a slave of sin.”

John 8:34

How can a person break free from these strongholds?

Jesus Christ, alone, has the power to forgive sin, and set a person free!

Therefore, repentance is needed.  For an idolater, this involves switching their allegiance from the life-dominating sin (their idol) to the living God. The person turns from the sins that control them by giving the Holy Spirit control of every area of their life.

Come just as you are – choose Jesus Christ. The chains will drop powerless behind you.